

## **SESSION 2**

Your involvement and participation is an essential part of this environment. Thank you.

This week, we'll address the question, *What's my story*? The big idea is this: *The cost of an unresolved past is missing the present and fearing the future*. I will introduce the idea that each man has a story, and I provide a grid through which I organized the memories and relationships of my past. This exercise of figuring out one's story allows a man to see and process things done to him and things he did to others.

If you or your group is interested in completing your stories using a more advanced tool, I recommend the life map that can be found at <u>groupleaders.org/lifemap</u>. It contains directions and a printout.

## Session 2 - Warm Up

1. Can you believe John's dad locked the screen door on him? Respond to his story.

## **Session 2 - Discussion Questions**

- 1. How was your dad similar to or different from John's dad?
- 2. Talk about a high point or low point in your life. How does that event affect your life today?

Thanks for praying for the men in your group and for yourself as you are on this journey.

John Woodall