



CONNECT

with

GOD

PRAYER

CONNECT *with* GOD

DISCUSSION QUESTIONS

If you're in a group, use these questions to have a conversation about how you can support and encourage one another to explore new approaches to prayer. If you're not in a group, reflect on these questions to help you consider what it would look like for you to connect with God through prayer.

1. Before watching the video, how would you have defined the purpose of prayer?
2. How big an influence on your faith has prayer been up to this point?
3. What are some reasons it's difficult for people to maintain the habit of prayer over a long period of time?
4. What are some reasons people pray (write down some ideas in the space below)? Which of those reasons most applies to you?

5. What do you think is the most compelling reason we should pray?

START PRAYING

Whether you're exploring prayer on your own or in a group, use the resources at groupleaders.org/prayer to try a new approach to praying.

If you're in a group, consider doing the Prayer Dashboard together at your next meeting. The insight it provides into how you currently pray may give you some ideas about new approaches you may try. You will find the prayer dashboard at: groupleaders.org/prayerdashboard

THIS WEEK, THINK ABOUT . . .

As you begin a new approach to praying, be patient. It may take a little time for you to find your groove. Keep at it. On the other hand, if you persist for a couple of weeks and the approach you've chosen just doesn't work for you, switch things up. You will be able to find a way of praying that helps you connect with God.