# WHAT IS THE BIBLE?



## **BEFORE THE MEETING**

This one-session resource doesn't require any preparation. But make sure each member of the group has a copy of the *Discussion Guide* as well as the *Icebreaker Handout*. The group leader may also want to download and print a copy of the *Background Info* sheet.

# **DURING THE MEETING**

#### ICEBREAKER GAME

Play the Categories game on the What Is the Bible? web page.

- 1. Make sure each member of the group has an *Icebreaker Handout* and something to write with.
- 2. Watch the video together. It will guide you through the game.
- 3. Have fun!

#### **STARTER QUESTIONS**

These questions may be a good way to get people thinking about the topic you'll be discussing. Here are some questions you can use:

- 1. Growing up, what part did the Bible play in your family?
- 2. How would you describe your familiarity with the Bible now?

### Watch the 6-minute What Is the Bible? video.

The video provides a brief overview of how the Bible is structured, and how, even though it's made up of many different ancient texts, it presents a unified message.

#### **DISCUSSION QUESTIONS**

- 1. What is one thing from the video that surprised you about the Bible?
- 2. How relevant do you think the Bible is to your daily life? Why did you answer the way you did?
- 3. How might what you just watched help when it comes to reading the Bible?
- 4. Do you need to take a new or different approach to reading the Bible? If so, what is one thing you can do this week to move in the right direction? How can this group support you?
- 5. Is there a next step you would like the group to take in terms of Bible study?



